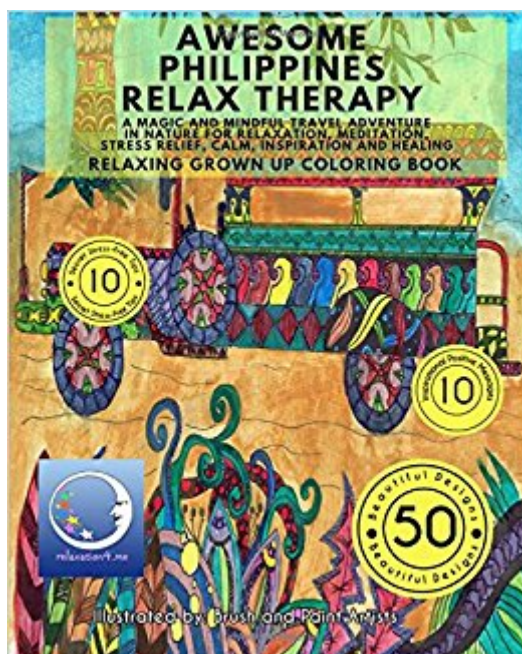


The book was found

RELAXING Grown Up Coloring Book: Awesome Philippines Relax Therapy - A Magic And Mindful Travel Adventure In Nature For Relaxation, Meditation, Stress Relief, Calm, Inspiration And Healing



Synopsis

NEW ONE SIDED PAGES MORE PAGES THAN 95% OF THE COMPETITION 50 + 6
UNIQUE ANTI-STRESS, CREATIVITY BOOSTING ILLUSTRATIONS INCLUDES TIPS FOR A
STRESSFREE LIFE PREVIEW the first 9 Illustrations from the book at
www.relaxation4.me/philippines "relaxation4.me's work combines artistry, positivity and a genuine
effort to do good in the world. Its books are a delight designed for all to enjoy and relax." - Dr. Ben
Michaelis, author of Your Next Big Thing: 10 Small Steps to Get Moving and Get Happy +
International phenomenon and latest mega trend! + Our No. 1 Bestseller! + Free Your mind! +
Stress Relieving! + Coloring will have a healing effect, enhances creativity and is fun! + This Adult
Coloring Book will benefit You with WEEKS of coloring fun! + 50 beautiful designed and amazing
detailed images of the most wonderful Philippinesâ™ sceneries, landscapes and cultural goods! +
6 Bonus Images! + Especially detailed and complex illustrations for grownups but also (older) kids
will love it! + For girls and boys, women and men, ladies and gents, grandma and grandad! + We
wonâ™t blame You if Your next holiday vacation is the Philippines;) + Made by Philippinesâ™
artists with disabilities! + Includes: 10 Stress Free Secrets! + Includes: 10 Inspirational Positive
Messages! + Includes: short how to color introduction! + Each illustration is on a separate sheet to
avoid bleeding through! + Easy to color! + Improves eye-hand coordination! + Calms an anxious
mind and cultivates moment-to-moment awareness! + Increases self-confidence, self-esteem and
self-love! + Boosts mental clarity! + Enhances the ability of inner focus and lets You develop more
mindfulness! + Coloring will take You into a Zen Buddhism meditation-like state! + Depressions are
going to disappear! + Wellness and yoga for Your mind! + Art Therapy! + Unique handmade and
hand drawn designs! + Create Your own art! + Makes a Great Christmas Gift, Birthday Gift,
Thanksgiving Day Gift, Valentineâ™s Day Gift! + 132 pages! + Over \$250 (!) of value in this book!
+ Anti-stress guarantee! What's Inside? + Manila City Hall + Bangui Windfarm Ilocos + Mayon
Volcano + Rizal Park Manila + Zamboanga + Taal Volcano + Igorot Girl + Hundred Islands + Mt.
Arayat + Bacolod Masskara Festival + Filipiniana + Tinikling Folk Dance + Kalesa + Jeepney +
Tricycle + Sorbetero Dirty Ice Cream + Tahoe Vendor + Chocolate Hills + Banaue + Nipa Hut +
Vinta + Beach + Province + Luneta Park + Tagaytay Park View + Zamboanga + Bohol +
Mindoro Wind Farm + Beach Side + Pandanggo Sa Llaw + Sunny Farm + Volcano + Vigan +
Waterfalls + Windfarm + Bohol + Albay + Carabao + Carabao Cart + Higante Festival +
Jeepney Front + Jeepney Side + Ma Cristina Falls + Cebu + Palawan + QC Memorial Circle +
Rice Terraces + Pagsanjan Falls + San Juanico Bridge + Mt. Banahaw + Bonus Illustration #1 +
Bonus Illustration #2 + Bonus Illustration #3 + Bonus Illustration #4 + Bonus Illustration #5 +

Bonus Illustration #6 GRAB YOUR COPY NOW! Receive 10 FREE Bonus Illustrations while You are waiting for the book: <http://relaxation4.me/bonus-relaxing-designs> This book will provide Coloring Fun For Weeks for just the price of roughly two cinema tickets. How long will the two movies entertain You?;)

Customer Reviews

"relaxation4.me's work combines artistry, positivity and a genuine effort to do good in the world. Its books are a delight designed for all to enjoy and relax." - Dr. Ben Michaelis, author of Your Next Big Thing: 10 Small Steps to Get Moving and Get Happy 5 Benefits Of Coloring Which Will Enrich Your Life We are a passionate company who strive to make the world a better place by empowering people. Thinking about how we could contribute our part to make this world better, we stumbled upon Grown Up Coloring Books. Coloring Books have become the latest trend in the world. But why are they so famous? Here are 5 Benefits Of Coloring Which Will Enrich Your Life: 1. Coloring Reduces Stress Stress is a major issue in the 21th century. Almost everybody in our society is influenced by it. While coloring, the fear center of Your brain - the amygdala - takes a rest, stress is relieving and You feel overall relaxed.

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Sleep, Relaxation, & Stress Relief ((Self Hypnosis, Affirmations, Guided Imagery & Relaxation Techniques) Adult Coloring Books: Mandala for a stress relieving experience (mandalas, stress relief, reduce stress, coloring books, relax) Grown Up Coloring Book: 48 Mandala Relaxing Stress Relief Patterns for Adult Art Therapy, Volume 1 RELAXING Adult Coloring Book: Awesome Tessellations for Relaxation and Against Stress - Abstract Geometric Designs, Patterns and Shapes (New Happy ... Therapy for Women and Men, Girls and Guys) CALM the FUCK DOWN. Color Your Stress Away: Swear Word Coloring Book : 40 Sweary Beautiful Designs .Relaxing Coloring Book with Sweary Coloring Book for Fun (Adult Coloring Books) Color Your Blessings: A Christian Coloring Book for Relaxation, Inspiration and Stress Relief: Scripture Coloring Book with Psalm and Bible Verse ... Coloring Book for Adults) (Volume 1) Relaxing Coloring Book: Coloring Books for Adults Relaxation : Relaxation & Stress Reduction Patterns (Volume 45) American Football Sketch Gray Scale Photo Adult Coloring Book, Mind Relaxation Stress Relief: Just added color to release your stress and power brain ... and grown up, 8.5" x 11" (21.59 x 27.94 cm) Flower Designs Coloring Book: An Adult Coloring Book for Stress-Relief, Relaxation, Meditation and Creativity (Jenean Morrison Adult Coloring Books) (Volume 1) Hand-Drawn Mandalas Coloring Book, Volume Two: An Adult Coloring Book for Stress-Relief, Relaxation, Meditation and Creativity (Jenean Morrison Adult Coloring Books) Adult Coloring Books: Awesome Animal Designs and Stress Relieving Mandala Patterns for Adult Relaxation, Meditation, and Happiness (Awesome Animals) (Volume 2) Adult Coloring Books: Awesome Animal Designs and Stress Relieving Mandala Patterns for Adult Relaxation, Meditation, and Happiness (Awesome Animals) (Volume 1)

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